



## HOW TO MEASURE

### 1. HELMETS & HATS

Use a flexible tape measure and wrap it around your head just at the top of the brow and around the temples.

Cm ☒ Inches

Size	55-58	57-60	57
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Cm ☒ Inches

Size	21.65-22.8	22.44-23.6	22.44
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